



## Day & Residential Happenings

## May Project Paper Bag Hanging Decoration



Paper Sack  
 Tissue Paper  
 String  
 Markers or crayons  
 Glue

Using the markers and/or crayons, decorate the paper sack with any decoration you choose!

Cut the streamers into 12" strips and glue onto the open part of the sack.

Cut a hole in the closed end of the bag in the middle and attach the string. Hang in your favorite spot!

## Mexican Cheese Dip for Cinco De Mayo Celebrations



Velveeta Cheese – 1 brick  
Mexican Cheese – ½ brick  
Rotel Tomatoes – 1 can  
Hamburger – 1# fried and crumbled

Spray the inside of a crock pot with non-stick spray (or use a liner.) Place all ingredients in crock pot and turn on high until melted. Stir regularly! Once melted, turn to warm and enjoy with your favorite chips, or put it on a baked potato, or in a taco...you get the idea!

## May Birthdays

Nestor D.	1st
Heather G.	1st
Curtis D.	3rd
Bekah S.	4th
Sam P.	5th
Robert C.	9th
Jesse S.	9th
Stephanie P.	12th
Clay S.	12th
Daniel B.	14th
Trevor A.	16th
Karly H.	20th
Hayden R.	20th
Darlus T.	20th
Cody L.	21st
Courtney P.	21st
Ben W.	22nd
Janelle G.	24th
Issic T.	24th
Braxton K.	24th
Steve L.	27th
Tristian M.	28th

## CALENDAR OF EVENTS



**Office Closed: 2025**

May 26th – Memorial Day

July 4th – Independence Day

September 1st – Labor Day

October 13th – Columbus Day

November 26, 27, 28th – Thanksgiving

December 24, 25, 26th – Christmas

## Upcoming CPR Dates

May 14th - 1:00-4:00

June 18th - 1:00-4:00



If you have not renewed in the last 12 months, you must do so within the next 90 days.

Please RSVP to Matt Garretson at (785) 820-8018.

## Choices Network, Inc. Lawn and Maintenance Crew

If you are needing .....

Lawn Maintenance • Lawn Clean-up  
• Trash Removal • Leaf Raking •  
Hedge Trimming • Tree Pruning •  
Snow removal

(Whatever your needs may be.  
Give us a call!) Please contact Mike Highsmith at Choices Network Inc. office at 785-820-8018. We offer free estimates and have very competitive pricing.

## SPRINGTIME WORD SEARCH



E	R	A	L	L	I	P	R	E	T	A	C	B	W	P	O	Y	K
S	Y	B	T	E	K	P	M	E	Q	I	R	I	A	C	C	J	L
S	D	L	T	S	E	N	G	E	S	I	W	R	R	A	I	I	Q
K	D	O	G	L	F	P	I	R	L	U	F	D	M	A	N	F	N
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T	J	R	N	B	E	E	S	V	S	D	E	O	W	F	N	O	E
N	A	Q	P	N	E	E	R	G	J	K	I	Z	N	L	Y	E	R
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F	U	F	Z	S	R	U	T	F	O	V	B	T	O	C	Q	M	E
J	N	K	D	H	E	S	B	Q	P	L	Z	U	U	F	B	P	S
Q	B	E	L	L	N	C	W	N	I	I	L	X	T	O	F	I	B
N	E	L	A	W	E	N	E	R	L	Q	K	E	T	C	R	A	Y
S	G	S	J	M	E	L	O	P	Y	A	M	H	N	R	I	P	D
M	R	I	Y	Q	O	F	L	T	W	E	V	O	N	K	C	R	S
U	E	S	G	X	I	O	W	L	L	B	W	E	H	A	U	H	J
I	F	R	R	I	P	I	L	X	X	E	O	W	F	R	S	K	Z
Z	G	F	R	I	S	U	M	B	R	E	L	L	A	D	C	M	T

BLOOM BLOSSOM GARDEN RAIN RAINBOW SUNSHINE FLOWERS  
POLLEN SPROUT BUDDING BUTTERFLY CATERPILLAR BEES BIRDS  
NEST TULIP DAFFODIL LILAC GRASS GREEN FRESH WARMTH  
BREEZE SEEDS FERTILE RENEWAL EQUINOX UMBRELLA PICNIC MAYPOLE

## SPOTLIGHT: Please welcome Reagan to Choices Network!

Reagan has joined Choices Network through our shared living and day services programs! Family is very important to Reagan and she said she loves to take the family dog, Willow, to the farm and to the lake in Bennington with her dad! She loves to go shopping with her mom! She loves playing the Wii with her nephew, and going to the park with her sister, brother-in-law and nephew!

Reagan said her favorite color is dark blue and she loves riding her yellow bike and doing puzzles!

We are excited to have you in the Choices family Reagan!



### STAFF ANNIVERSARIES: for January, February, March, April and May

Darcie Ingram – 20 years



Bobbie Schwarz – 15 years



Seth Jones – 15 years

Zach Hensley – 5 years

Shandi Schropp – 5 years

Leslie Shober – 5 years



Lonnie George – 3 years



Julie Lash – 3 years

Keith Luther – 3 years

Justin Clatterbuck – 1 year



RaShelle Hensley – 1 year

Julian Urioste – 1 year



Jessica Pickering – 1 year

### Special Anniversary Celebration



Julie Pickering has been recognized by Dillon's for completing 35 years of service! Congratulations Julie!!! You rock!!!

# Waddle Lake



slice of pie

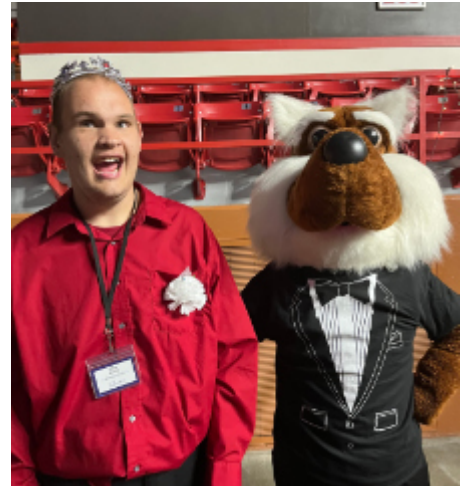


ring



glove

# Night To Shine



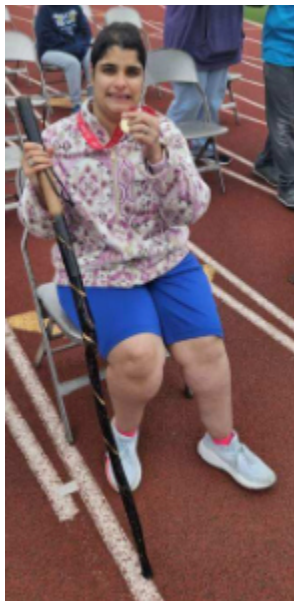
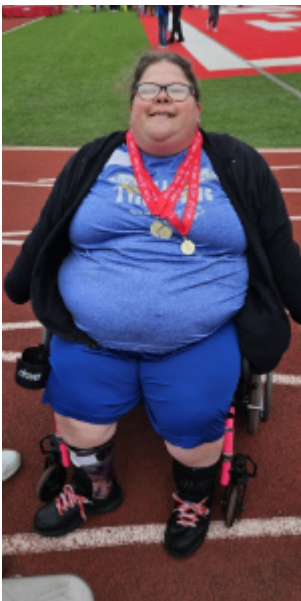








# Olympics Regional Track Meet



# Consumer Corner



Lindsborg sidewalk art!



Monica and Brenda having some fun!



Doing some chalk art!



Salina Proud!



Looking at sidewalk art in Lindsborg!



Here comes the crew!



Logan making a trick shot!



Getting my creativity juices flowing!



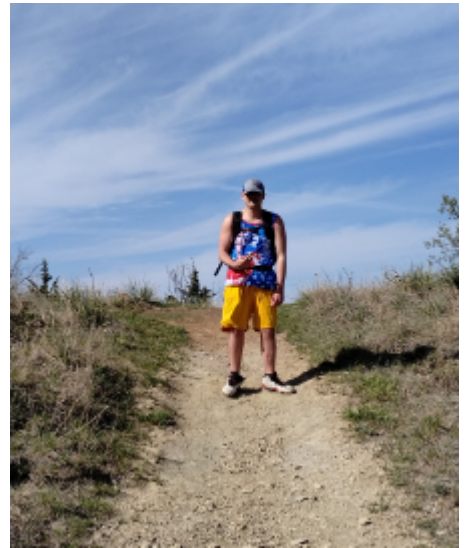
More Hiking!



Playing Pop A Shot!



Reagan enjoying the sunshine!



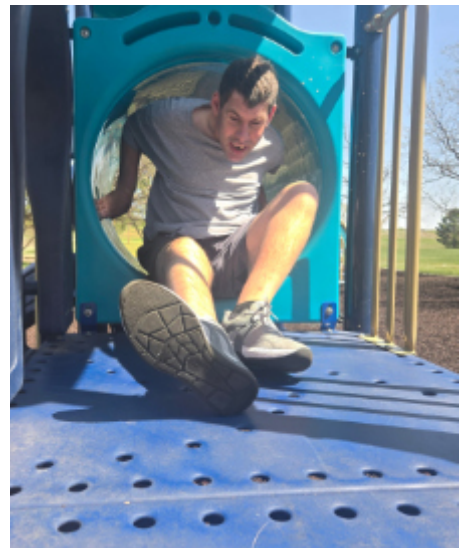
Sam taking a hike!



You found me!



Taking a breather!



Whew, I made it!



Brady identifies with this art!



Brenda and Lacy!



Brenda's On the Pot creation!



Checking out the sidewalks in Lindsborg!



Craig getting in some slide time!



Craig working on a puzzle!



Enjoying time with friends!



Evan's checking out the bushes!



Exploring the Lindsborg art!

## Upcoming Events:

**I hear the train a comin' – We've scheduled a train ride in May!**



When: May 16th

Time: 1:00 train departs the depot

Cost: \$10.00

We are planning on eating a sack lunch at Brown's Park, outside of Abilene, and then boarding the train afterwards. Lunches need to be in disposable bags, as well as drink containers need to be disposable.

Please RSVP to Mike or Shannon by May 9<sup>th</sup>!

**Mark your calendars for a trip to watch a Windsurge Baseball Game!**



When: June 11th

Time: To be announced at a later date

Cost: \$25.00

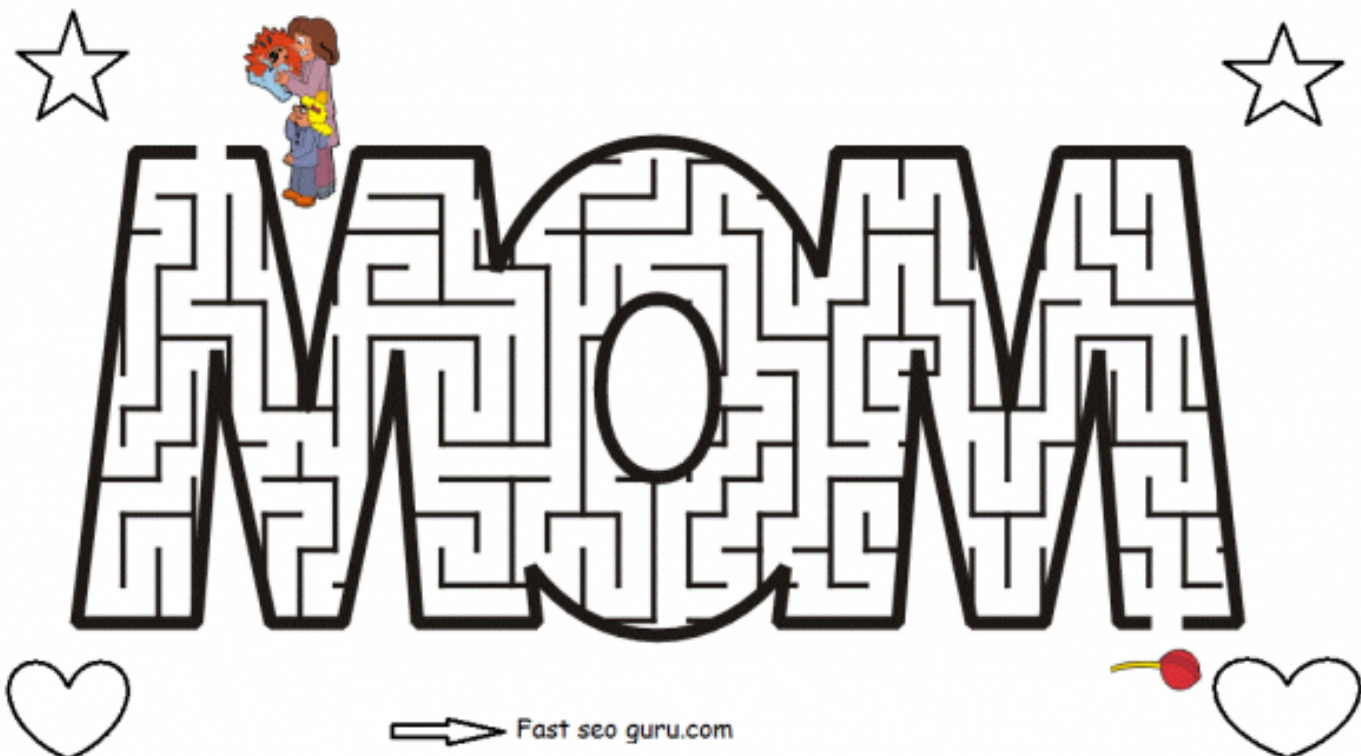
The cost includes lunch! Windsurge is a cashless venue so any purchases inside the event must be made with a debit/credit card.

Please RSVP to Mike or Shannon by May 30<sup>th</sup> to reserve your ticket!

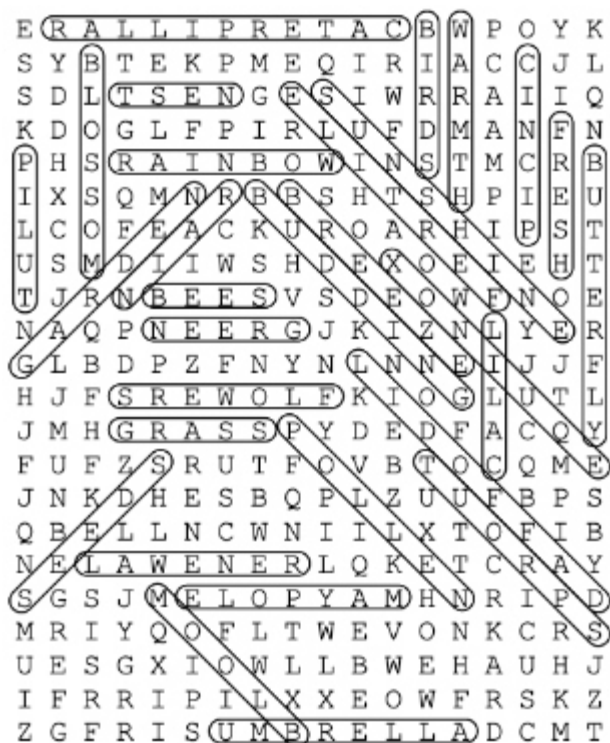
**Once again, The Garage is offering ½ price memberships during the month of May to Choices Network!**



The Garage is a favorite spot for individuals to spend some time exploring and looking at all the different vehicles that pass through the museum! If you would be interested in a membership, simply mention you are with Choices Network and they will hook you up! But hurry, this is only for the month of May!



## Word Search & Hidden Picture Keys



BLOOM BLOSSOM GARDEN RAIN  
 RAINBOW SUNSHINE FLOWERS  
 POLLEN SPROUT BUDDING BUTTERFLY  
 CATERPILLAR BEES BIRDS  
 NEST TULIP DAFFODIL LILAC GRASS  
 GREEN FRESH WARMTH  
 BREEZE SEEDS FERTILE RENEWAL  
 EQUINOX UMBRELLA PICNIC MAYPOLE



## Ongoing Activities:

**Monday** – Tour Rolling Hills Zoo from 10am to 1pm. Bring sack lunch.

**Monday through Friday** - Walking at Jerry Ivey Park at 8:00am to 9:00am during the spring and fall seasons and **water walking during the summer**. Walking at the Central Mall at 8:00am to 9:00am during the winter season or inclement weather days.

**Monday, Tuesday, Thursday, and Friday** - Exercise at the K-State Salina gym from 9:30am to 11:45am

**Tuesday and Thursday** – YMCA exercises 9:30am to 11:30. Must have a membership. (Choices Network staff can assist individuals with applications for reduced rate memberships at request.)

**Wednesday** - Lunch and Bowl at The Alley from 11am to 1:00pm. Cost is \$13.00.

**Friday** – BINGO at Choices 10am to 11am.

**Friday** - The Garage

## CALENDAR OF COMMUNITY ACTIVITIES AVAILABLE IN SALINA:

**Discovery Center and Park, 1323 E. Iron, Salina, KS.** The nature center displays many educational stations that help connect people with the local wildlife through discovery and exploration. The park offers 5 acres of trails.

**Salina Art Center, 242 S. Santa Fe, Salina, KS.** The Art Center's programming is connected to a schedule of contemporary visual art exhibitions of work by regional, national, and international artists in a wide variety of media.

**Central Kansas Flywheels Yesteryear Museum, 1100 W. Diamond Dr. Salina, KS.** An interactive and informational museum focusing on the agricultural history of Kansas.

**Smoky Hill Museum, 211 W. Iron, Salina, KS.** The Smoky Hill Museum explores history in unexpected ways with interactive fun around every corner. It's a big-city museum in a small package intentionally designed to make kids eager to stay longer and adults want to come back for more.

**Sculpture Tour Salina, Downtown Salina, KS.** Sculpture Tour Salina (STS) is an annual juried competition and exhibition. The exhibition is open to all artists creating works suitable for outdoor display. Between 20 and 30 sculptures are selected and carefully sited in historic downtown Salina to be displayed for one year.

**Rolling Hills Zoo 625 N. Hedville Rd. Salina, KS.** Here you can get face-to-face with a majestic snow leopard, an Indian rhino, a curious orangutan, an ornery armadillo, or many of the other 100+ species of wildlife at home in our Zoo.

**Fossett Plaza 2035 Beechcraft Rd. Salina, KS.** The monument honoring Steve Fossett's record setting around-the-world, solo, nonstop flight in the Global Flyer. The historic 22,936-mile, 67-hour flight started and ended at the Salina Regional Airport.

**Salina Fieldhouse, 145 N. 5th, Salina, KS.** The Salina Fieldhouse features multi-purpose hardwood and synthetic courts, as well as turf fields. Three hardwood and three synthetic basketball courts are cross lined to include eight volleyball courts and six futsal courts. While turf fields accommodate soccer, football, kickball, baseball, softball and field hockey, hardwood and synthetic courts accommodate volleyball, futsal, dodgeball, cheer, dance, and other activities. The facility also contains specialized equipment such as drop-down batting cages and pitching tunnels.

**The Alley, 115 E Ash St, Salina, KS.** Bowling, Arcade, Laser tag, Hologate & AJ's Sports Grill.

**The Garage** – The Garage will contain both classic and custom cars, interactive exhibits, concessions, and gift shop for your family to experience.

**Hiking Trail in and around Salina, KS.**

**Indian Rock Trail** is a 1.2 mile moderately trafficked loop trail located near Salina, Kansas

**Marty Bender Nature Area Trail** 3028 S Holmes Rd, Salina, KS is a 2.8-mile loop trail located near Salina, Kansas and is good for all skill levels. The trail is primarily used for hiking.

**Salina Levee Trail**, The Salina Levee Trail traverses the flood control levee along the west bank of the Smoky Hill River in Salina. You can access it from E. Crawford at Bill Burke Park or E. Magnolia Soccer Complex.

**Jerry Ivey Loop** is a 1.4-mile loop trail located in Salina that is good for all skill levels.

**YMCA Loop**, A trail along river around YMCA. It is a single-track in the middle of the city