

CHOICES VOICES

Issue 181- July 2025

Day & Residential Happenings



If you would like to receive this newsletter by E-mail, please give your E-mail address to Choices Network, Inc. by contacting Kenna Boyce at kboyce@choicesnetwork.net. This newsletter can also be accessed via the website at www.choicesnetwork.net Or you can follow us on "Facebook" by entering Choices Network, Inc. and tapping the "like". Choices Network, Inc. Day and Residential Management can be reached between 8:00 am to 3:00 pm at 785-820-8018, after hours Day can be reached at 785-714-0036 and Residential at 785-714-0095.

July Project Toilet Paper Roll Rocket



Supplies:

Empty toilet paper roll
Construction Paper (or paint)
Glue
Stickers, beads, glitter
Ribbon (or tissue paper)
Small dowel stick

Directions:

Cover the toilet paper roll with construction paper (or paint, if you prefer.) Make a pattern for the dome, trace and cut it out of construction paper. Glue it on the top. Glue the dowel inside the roll. Cut the ribbon or tissue paper into strips and glue around the rim, inside of the bottom of the roll. Decorate the

rocket with beads, stickers, glitter or whatever you would like!

Skyfire



Skyfire will be held on July 4, 2025, at the Berkley Family Recreation Area. Gates open to the public at 7:00 PM, with the fireworks show starting at 10:00 PM.

Event Details:

Date: Friday, July 4, 2025.

Time: Gates open at 7:00 PM, fireworks at 10:00 PM.

Location: Berkley Family Recreation Area, Salina, Kansas.

Presented by: JRI Hospitality and local partners.

Admission: Free.

Parking: Free parking is available in the Berkley Family Recreation Area parking lots south of the launch area. Paid parking (\$20 donation to The First Tee Salina) is available in the Municipal Golf Course parking lot until full.

July Birthdays

| | |
|----------------|------|
| Edward B. | 1st |
| Brooklyn H. | 1st |
| Jason W. | 1st |
| Matthew R. | 1st |
| Jennifer G. | 2nd |
| Alexander B. | 6th |
| Zackary H. | 6th |
| Declan H. | 8th |
| Jesse H. | 10th |
| Alexis H. | 10th |
| Brandon T. | 14th |
| Erik G. | 14th |
| Caroline C. | 21st |
| Michael W. | 23rd |
| Samuel M. | 24th |
| Christopher F. | 27th |
| Cody J. | 27th |
| Adam M. | 28th |
| John W. | 28th |
| Gunner H. | 29th |
| Craig M. | 30th |
| Sebastian B. | 30th |

CALENDAR OF EVENTS



Office Closed: 2025

July 4th – Independence Day

September 1st – Labor Day

October 13th – Columbus Day

November 26, 27, 28th – Thanksgiving

December 24, 25, 26th – Christmas

2026

January 1st – New Year's Day

Upcoming CPR Dates

July 9th - 1:00-4:00

August 13th - 1:00-3:00



If you have not renewed in the last 12 months, you must do so within the next 90 days.

Please RSVP to Matt Garretson at (785) 820-8018.

Choices Network, Inc. Lawn and Maintenance Crew

If you are needing

Lawn Maintenance • Lawn Clean-up
• Trash Removal • Leaf Raking •
Hedge Trimming • Tree Pruning •
Snow removal

(Whatever your needs may be.

Give us a call!) Please contact Mike Highsmith at Choices Network Inc. office at 785-820-8018. We offer free estimates and have very competitive pricing.

4TH OF JULY WORD SEARCH



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4th
July



AMERICA BANNER BARBECUE BLUE BRAVE CELEBRATION COLONIES COUNTRY
DEMOCRACY EAGLE ENGLAND FIREWORKS FLAG FOURTH FREEDOM
INDEPENDENCE JULY PARADE PARTY PATRIOTIC PICNIC RED REVOLUTION
ROCKETS SPARKLERS STARS STRIPES SUMMER TROOPS UNITY WAR WHITE

SPOTLIGHT: Julie Pickering

We are proud to showcase Julie Pickering this month!

Julie recently was recognized for her work at Dillon's for 35 years! She received a plaque and a beautiful watch for her years of service! She stated she also received a nice little boost in her pay! Congratulations and way to go Julie!!!



Recipe Corner: Strawberry Jello-Pretzel Dessert

Ingredients:

1 lb strawberries
8 oz Cool Whip
 $\frac{3}{4}$ C sugar
2 $\frac{1}{2}$ C pretzels
1 stick butter
8 oz cream cheese
6 oz strawberry Jello
2 C water



Instructions:

- Pre-heat oven to 350 degrees. Combine strawberry Jello with 2 cups boiling water and stir until completely dissolved. Set aside to cool to room temperature.
- Crush 2 $\frac{1}{2}$ cups of pretzels in a sturdy Ziploc bag, using a rolling pin. Pretzels should be broken into bite size pieces.
- In a medium pan, melt 1 stick of butter, then add $\frac{1}{4}$ cup sugar and mix. Mix in crushed pretzels until they are evenly coated. Transfer into a 13x9 glass casserole dish, pressing the pretzel mix evenly over the bottom of the dish and bake for 10 minutes. Remove from oven and cool to room temperature.
- While pretzel mix is cooling, use a hand mixer to beat 8 ounces of cream cheese and $\frac{1}{2}$ cup sugar on med/high speed until mixture is fluffy and white.
- Fold in 8 ounces of Cool Whip until no streaks of cream cheese remain.
- Spread mixture over cooled pretzels, making sure to go all the way to the edges of the dish to create a seal. (You do not want the Jello to leak on the pretzels.) Put dish in the refrigerator for 30 minutes.
- Clean and slice 1 pound of fresh strawberries and stir them into your room temperature Jello. Pour and spread the strawberry Jello mixture evenly over your cooled cream cheese layer and refrigerate until Jello is set (2-4 hours). Cut into squares and enjoy!

Dance Party



Art by Lynn Martin



slice of bread



teacup



wrench



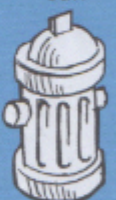
yogurt cup



book



garbage can



fire hydrant



toaster



envelope



coin



spool of thread



rolling pin



brick



snake



spoon



dustpan



spatula



funnel



lollipop



scrub brush



piece of candy



mug



iron



necklace



olive



eyeglasses



Friend time!



It's time for Bunco!



And all other duties as assigned!!



I sure hope this blue paint washes off!



Movie time!



Working out at K-State!



Jason taking a leisurely stroll!

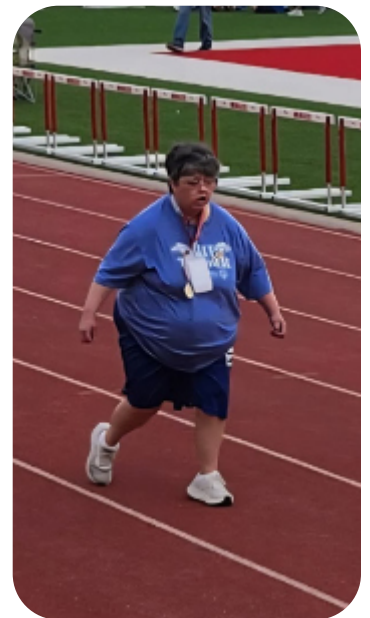


Enjoying some Spangles and Elvis!

STATE TRACK







WINDSURGE
TRIP



MUSIC AT THE TEMPLE



W
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Getting some exercise!



How many laps are we doing?



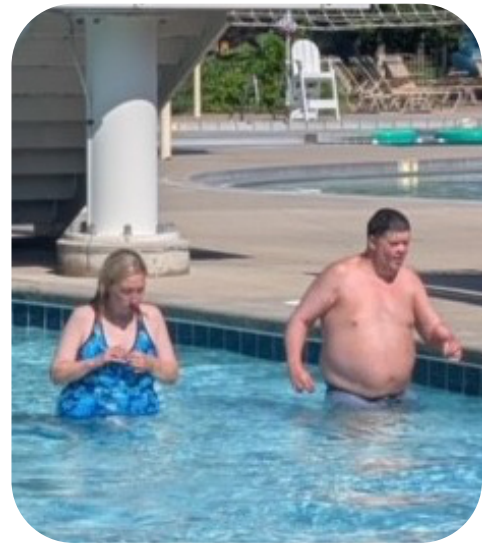
Kyle getting his exercise!



Alexander rounding the corner!



Taking a quick break!



Courtney and Darin working out!



Kyle passing Alexander!



Lexi working the waves!



Fun in the pool!

Kansas Cosmosphere



One-of-a-Kind Exhibits



Interactive Shows



World Class Planetarium



Two-Story Dome Theater

We are planning a trip to the Kansas Cosmosphere! (Date to be announced later.) Please talk to Mike or Shannon if you would like to go!



JULY STAFF ANNIVERSARIES:

Karli Varnadore – 3 years

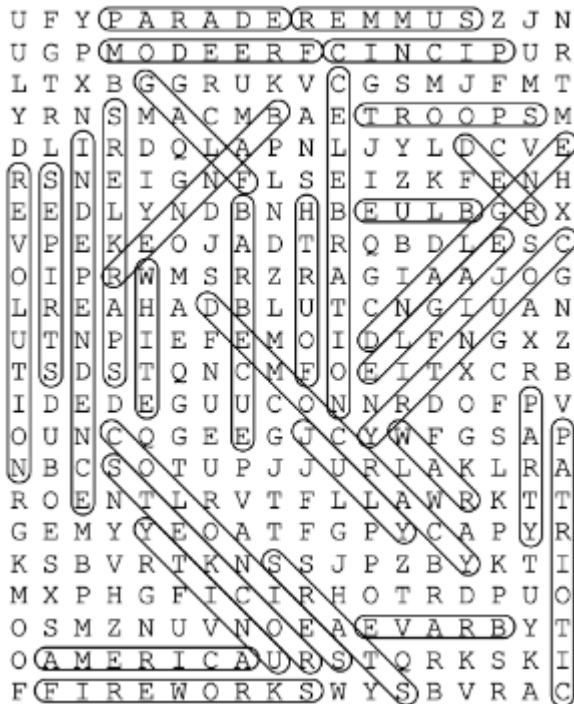
Morgan Smith – 1 year

Lacy Goodwin – 1 year

Alexandra Richter – 1 year



Word Search & Hidden Picture Keys



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BRAVE CELEBRATION COLONIES
COUNTRY DEMOCRACY EAGLE
ENGLAND FIREWORKS FLAG FOURTH
FREEDOM INDEPENDENCE JULY
PARADE PARTY PATRIOTIC PICNIC
RED REVOLUTION ROCKETS
SPARKLERS STARS STRIPES SUMMER
TROOPS UNITY WAR WHITE



Ongoing Activities:

Monday through Friday - Walking at Jerry Ivey Park at 8:00am to 9:00am during the spring and fall seasons and water walking during the summer. Walking at the Central Mall at 8:00am to 9:00am during the winter season or inclement weather days.

Monday, Tuesday, Thursday, and Friday - Exercise at the K-State Salina gym from 9:30am to 11:45am. **Water walking: If you have a time preference, please let Shannon or Mike know.**

Available walking times are 8:15-9:15; 9:15-10:15; 10:15-11:00.

Wednesday - Lunch and Bowl at The Alley from 11am to 1:00pm. Cost is \$14.50.

Friday - BINGO at Choices 10am to 11am.

Friday - The Garage

Friday (Sometimes on Mondays) - Tour Rolling Hills Zoo from 10am to 1pm.

CALENDAR OF COMMUNITY ACTIVITIES AVAILABLE IN SALINA:

Discovery Center and Park, 1323 E. Iron, Salina, KS. The nature center displays many educational stations that help connect people with the local wildlife through discovery and exploration. The park offers 5 acres of trails.

Salina Art Center, 242 S. Santa Fe, Salina, KS. The Art Center's programming is connected to a schedule of contemporary visual art exhibitions of work by regional, national, and international artists in a wide variety of media.

Central Kansas Flywheels Yesteryear Museum, 1100 W. Diamond Dr. Salina, KS. An interactive and informational museum focusing on the agricultural history of Kansas.

Smoky Hill Museum, 211 W. Iron, Salina, KS. The Smoky Hill Museum explores history in unexpected ways with interactive fun around every corner. It's a big-city museum in a small package intentionally designed to make kids eager to stay longer and adults want to come back for more.

Sculpture Tour Salina, Downtown Salina, KS. Sculpture Tour Salina (STS) is an annual juried competition and exhibition. The exhibition is open to all artists creating works suitable for outdoor display. Between 20 and 30 sculptures are selected and carefully sited in historic downtown Salina to be displayed for one year.

Rolling Hills Zoo 625 N. Hedville Rd. Salina, KS. Here you can get face-to-face with a majestic snow leopard, an Indian rhino, a curious orangutan, an ornery aardvark, or many of the other 100+ species of wildlife at home in our Zoo.

Fossett Plaza 2035 Beechcraft Rd. Salina, KS. The monument honoring Steve Fossett's record setting around-the-world, solo, nonstop flight in the Global Flyer. The historic 22,936-mile, 67-hour flight started and ended at the Salina Regional Airport.

Salina Fieldhouse, 145 N. 5th, Salina, KS. The Salina Fieldhouse features multi-purpose hardwood and synthetic courts, as well as turf fields. Three hardwood and three synthetic basketball courts are cross lined to include eight volleyball courts and six futsal courts. While turf fields accommodate soccer, football, kickball, baseball, softball and field hockey, hardwood and synthetic courts accommodate volleyball, futsal, dodgeball, cheer, dance, and other activities. The facility also contains specialized equipment such as drop-down batting cages and pitching tunnels.

The Alley, 115 E Ash St, Salina, KS. Bowling, Arcade, Laser tag, Hologate & AJ's Sports Grill.

The Garage - The Garage will contain both classic and custom cars, interactive exhibits, concessions, and gift shop for your family to experience.

Hiking Trail in and around Salina, KS.

Indian Rock Trail is a 1.2 mile moderately trafficked loop trail located near Salina, Kansas

Marty Bender Nature Area Trail 3028 S Holmes Rd, Salina, KS is a 2.8-mile loop trail located near Salina, Kansas and is good for all skill levels. The trail is primarily used for hiking.

Salina Levee Trail, The Salina Levee Trail traverses the flood control levee along the west bank of the Smoky Hill River in Salina. You can access it from E. Crawford at Bill Burke Park or E. Magnolia Soccer Complex.

Jerry Ivey Loop is a 1.4-mile loop trail located in Salina that is good for all skill levels.

YMCA Loop, A trail along river around YMCA. It is a single-track in the middle of the city



COLORING PAGE

Let's go cruising! After being asked by many individuals about a Disney Cruise, we have begun exploring the possibility of making it happen!

Here's what I know so far! This would be a cruise in October or November 2026. It would sail from Florida, Port Canaveral. It would be a 5-night Bahamian cruise, stopping at both of Disney's private islands and Nassau! Individuals would be required to have a passport for this cruise. Exact pricing is not yet available, as they haven't opened up booking for October and November 2026 yet. An approximate estimate is between \$3,000-\$3500 per person.

This cost includes meals while on the cruise and a rough estimate of what the flight, transportation to and from the airport and ship would be and the overnight stay in Florida that would be needed.

I am working with the same Disney planner who assisted with our previous trip, so she is knowledgeable about our needs!

If you're interested in this trip, please contact Kenna at kboyce@choicesnetwork.net so we can reserve a space!

Below is information about the ship and what it has to offer!



Structural Similarity: The Disney Fantasy is almost identical to the Disney Dream, with a gross tonnage of 130,000, a length of 340 meters, and a width of 42 meters. ⓘ

Capacity: It can accommodate 2,500 passengers. ⓘ

Atrium: The ship boasts a three-deck atrium with features like a bronze Minnie Mouse statue, a grand piano, and a marble floor. ⓘ

Entertainment: The Disney Fantasy offers Broadway-caliber musicals, character meet-and-greets, and fireworks shows. ⓘ

Dining: Guests can enjoy a variety of dining options, including upscale restaurants, casual dining, poolside snacks, and 24-hour room service. ⓘ

Staterooms: The ship features 1,250 staterooms, including deluxe rooms with verandahs and standard staterooms. ⓘ

Water Fun: The AquaDuck is a twisting, transparent water coaster, while AquaLab and Nemo's Reef offer hands-on amusement for younger children. ⓘ

Private Island: Most cruises include a stop at Disney's private island, Castaway Cay. ⓘ

Youth Clubs: The ship has themed youth clubs for all ages, staffed by trained Disney counselors. ⓘ

Adults-Only Areas: Nightclubs and lounges provide adults-only entertainment options. ⓘ

Refurbishment: The Disney Fantasy was refurbished in 2017. ⓘ