

If you would like to receive this newsletter by E-mail, please give your E-mail address to Choices Network, Inc. by contacting Kenna Boyce at [kboyce@choicesnetwork.net](mailto:kboyce@choicesnetwork.net). This newsletter can also be accessed via the website at [www.choicesnetwork.net](http://www.choicesnetwork.net) Or you can follow us on "Facebook" by entering Choices Network, Inc. and tapping the "like". Choices Network, Inc. Day and Residential Management can be reached between 8:00 am to 3:00 pm at 785-820-8018, after hours Day can be reached at 785-714-0036 and Residential at 785-714-0095.

### April Project Ladybug rocks



#### Materials:

Smooth rock  
Red paint (or other color)  
Black paint or marker  
White paint (for eyes)  
Paintbrush or cotton swab  
Clear sealant (optional)

#### Directions

- 1. Paint It a base color**  
Cover the top of the rock with red paint (or other color). Let dry.
- 2. Add the Head**  
Paint a small black half-circle on one end.
- 3. Draw the Wings**  
Add a black line down the middle.
- 4. Make the Spots**  
Add black dots on each side.
- 5. Add Eyes**  
White dots + small black pupils.
- 6. Let Dry**  
Seal if you plan to put it outside.

### Bumble Bee Rocks



#### Materials:

Smooth rock  
Yellow paint  
Black paint or marker  
White paint (for wings/eyes)  
Paintbrush or cotton swab  
Clear sealant (optional)

#### Directions

- 1. Paint It Yellow**  
Cover the rock with yellow paint. Let dry.
- 2. Add Stripes**  
Paint 2-3 black stripes across the body.
- 3. Make the Head**  
Add a black circle or rounded end.
- 4. Add Wings**  
Paint small white wings on top.
- 5. Add Eyes**  
White dots + black pupils.
- 6. Let Dry**  
Seal if placing outside.

**FYI:** For fun, if you make an assortment of rock critters, you can hide them and have friends try to find them like an Easter egg hunt!

### April Birthdays

Reagan V.	2nd
Alan M.	3rd
Samantha D.	4th
Janae J.	7th
Lacy B.	14th
Deborah P.	17th
Kayleen C.	18th
Micah A.	19th
Amanda F.	19th
Jasmine P.	19th
Amber M.	20th
Ashlee P.	23rd
Heather G.	24th
Caeden K.	24th
Zoe R.	28th
Jael S.	28th
Beckett W.	28th
Domanik W.	30th

## CALENDAR OF EVENTS



### Office Closed: 2026

April 3rd – Good Friday  
 May 25th – Memorial Day  
 June 19th – Juneteenth  
 July 3rd – Independence Day  
 September 7th – Labor Day  
 October 12th – Columbus Day  
 November 25, 26, 27th – Thanksgiving  
 December 24, 25th – Christmas

### Upcoming CPR Dates

April 15th - 1:00-4:00  
 May 13th - 1:00-4:00



If you have not renewed in the last 12 months, you must do so within the next 90 days.

Please RSVP to Matt Garretson at (785) 820-8018.

### Choices Network, Inc. Lawn and Maintenance Crew

If you are needing .....

Lawn Maintenance • Lawn Clean-up  
 • Trash Removal • Leaf Raking • Hedge Trimming • Tree Pruning • Snow removal

(Whatever your needs may be. Give us a call!) Please contact Mike Highsmith at Choices Network Inc. office at 785-820-8018. We offer free estimates and have very competitive pricing.

## EASTER WORD SEARCH



N	H	U	N	T	B	Y	Q	K	X	U	V	G	K	M	R	S	X
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H	T	U	L	I	P	S	F	T	D	Y	E	L	I	L	I	E	S
C	U	Z	C	H	I	C	K	C	N	S	S	O	R	C	X	L	H
F	V	S	Q	T	W	A	Z	Y	T	J	Q	D	V	B	P	C	E



BASKET BONNET BUNNY CANDY CHICK CHOCOLATE CROSS DECORATE  
 DYE EASTER EGG FAITH FAMILY FLOWERS GRASS HOP JELLYBEANS  
 JESUS LAMB LILIES MARSHMALLOW PARADE PEEPS RESURRECTION  
 CHURCH HUNT SPRING SUNDAY TULIPS

## Ongoing Activities:

**Monday through Friday** - Walking at Jerry Ivey Park at 8:00am to 9:00am Walking at the Central Mall at 8:00am to 9:00am during the winter season or inclement weather days.

**Monday, Tuesday, Thursday, and Friday** - Exercise at the K-State Salina gym from 9:30am to 11:45am.

**Wednesday** - Lunch and Bowl at The Alley from 11am to 1:00pm. Cost is \$14.50.

**Friday** - BINGO at Choices 10am to 11am.

**Friday** - The Garage

**Friday (Sometimes on Mondays)** - Tour Rolling Hills Zoo from 10am to 1pm.

## CALENDAR OF COMMUNITY ACTIVITIES AVAILABLE IN SALINA:

**Discovery Center and Park, 1323 E. Iron, Salina, KS.** The nature center displays many educational stations that help connect people with the local wildlife through discovery and exploration. The park offers 5 acres of trails.

**Salina Art Center, 242 S. Santa Fe, Salina, KS.** The Art Center's programming is connected to a schedule of contemporary visual art exhibitions of work by regional, national, and international artists in a wide variety of media.

**Central Kansas Flywheels Yesteryear Museum, 1100 W. Diamond Dr. Salina, KS.** An interactive and informational museum focusing on the agricultural history of Kansas.

**Smoky Hill Museum, 211 W. Iron, Salina, KS.** The Smoky Hill Museum explores history in unexpected ways with interactive fun around every corner. It's a big-city museum in a small package intentionally designed to make kids eager to stay longer and adults want to come back for more.

**Sculpture Tour Salina, Downtown Salina, KS.** Sculpture Tour Salina (STS) is an annual juried competition and exhibition. The exhibition is open to all artists creating works suitable for outdoor display. Between 20 and 30 sculptures are selected and carefully sited in historic downtown Salina to be displayed for one year.

**Rolling Hills Zoo 625 N. Hedville Rd. Salina, KS.** Here you can get face-to-face with a majestic snow leopard, an Indian rhino, a curious orangutan, an ornery aardvark, or many of the other 100+ species of wildlife at home in our Zoo.

**Fossett Plaza 2035 Beechcraft Rd. Salina, KS.** The monument honoring Steve Fossett's record setting around-the-world, solo, nonstop flight in the Global Flyer. The historic 22,936-mile, 67-hour flight started and ended at the Salina Regional Airport.

**Salina Fieldhouse, 145 N. 5th, Salina, KS.** The Salina Fieldhouse features multi-purpose hardwood and synthetic courts, as well as turf fields. Three hardwood and three synthetic basketball courts are cross lined to include eight volleyball courts and six futsal courts. While turf fields accommodate soccer, football, kickball, baseball, softball and field hockey, hardwood and synthetic courts accommodate volleyball, futsal, dodgeball, cheer, dance, and other activities. The facility also contains specialized equipment such as drop-down batting cages and pitching tunnels.

**The Alley, 115 E Ash St, Salina, KS.** Bowling, Arcade, Laser tag, Hologate & AJ's Sports Grill.

**The Garage** - The Garage will contain both classic and custom cars, interactive exhibits, concessions, and gift shop for your family to experience.

**Hiking Trail in and around Salina, KS.**

**Indian Rock Trail** is a 1.2 mile moderately trafficked loop trail located near Salina, Kansas

**Marty Bender Nature Area Trail** 3028 S Holmes Rd, Salina, KS is a 2.8-mile loop trail located near Salina, Kansas and is good for all skill levels. The trail is primarily used for hiking.

**Salina Levee Trail**, The Salina Levee Trail traverses the flood control levee along the west bank of the Smoky Hill River in Salina. You can access it from E. Crawford at Bill Burke Park or E. Magnolia Soccer Complex.

**Jerry Ivey Loop** is a 1.4-mile loop trail located in Salina that is good for all skill levels.

**YMCA Loop**, A trail along river around YMCA. It is a single-track in the middle of the city

# In the Watermelon Patch



Art by Lynn Adams



candle



crescent moon



pinwheel



hockey stick



arrow



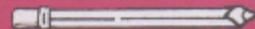
adhesive bandage



wedge of lemon



suitcase



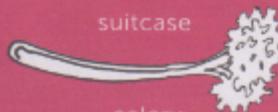
pencil



trowel



carrot



celery



worm



slice of bread

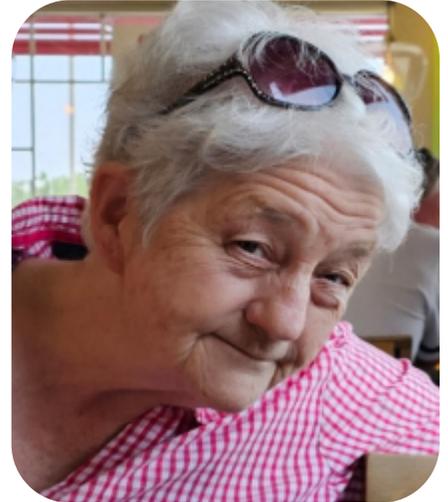
## **SPOTLIGHT: Saying Good-bye to Anne Branda**

Choices Network was blessed for many years to have Anne working with individuals we serve.

Her love and care was so apparent in every interaction she was involved with! If she offered to bake you a cake, you knew it was going to be absolutely delicious and baking was her love language she shared with everyone.

She was a grandma figure to so many here at Choices and she will be deeply missed not only by the individuals she worked beside, but also by the staff who worked with her.

Thank you for giving us your love and care Anne!



### **Upcoming Events:**

**Staff Anniversaries:  
April 2026**

**Alicia Farmer – 10 years**

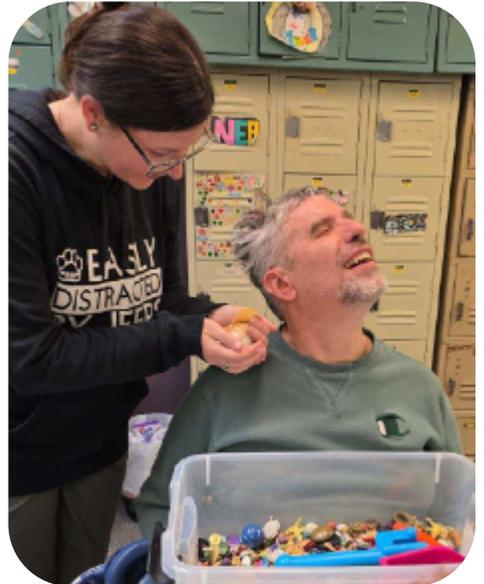
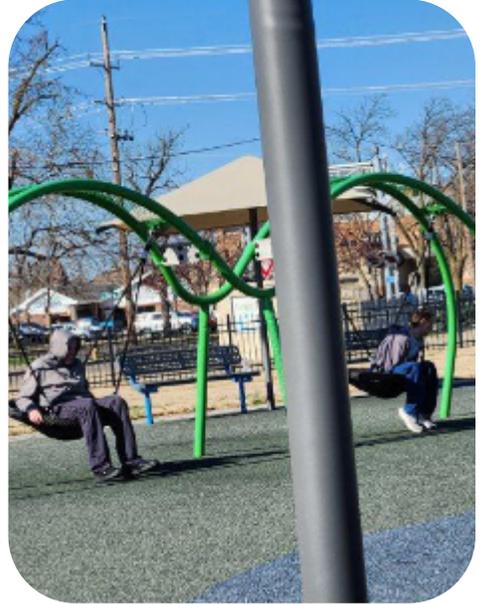
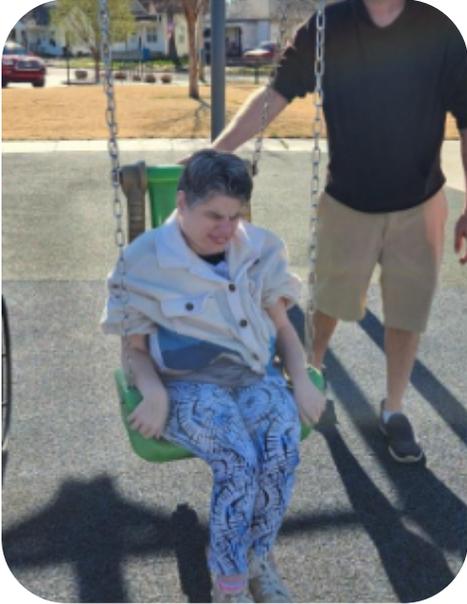
**Wendy Schoenle – 1 year**



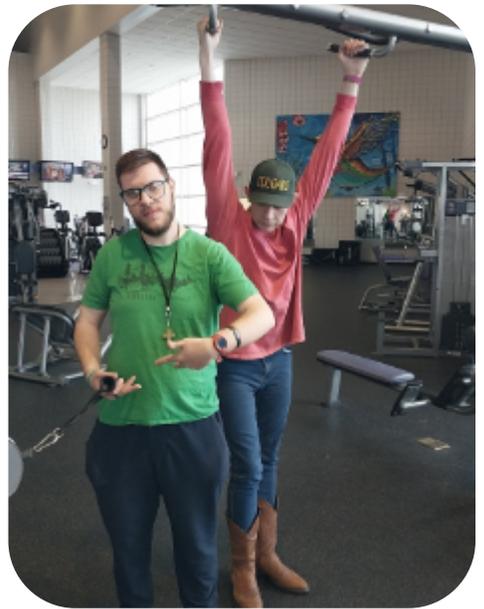
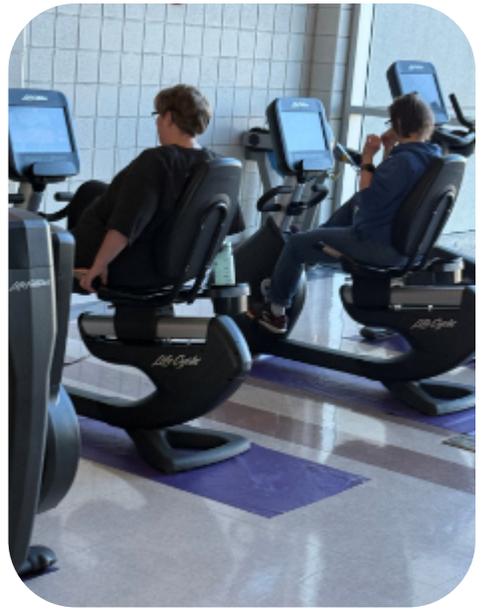
And we would like to celebrate Sylvia Haggard and Tami Lauffer who have been with Choices Network for 20 years! We're not sure if it's because we've put up with them or they've put up with us all these years!!! Thanks for being here!

# Consumer Corner

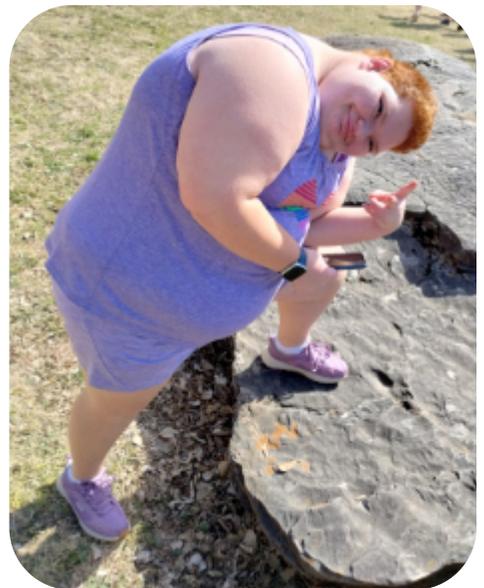


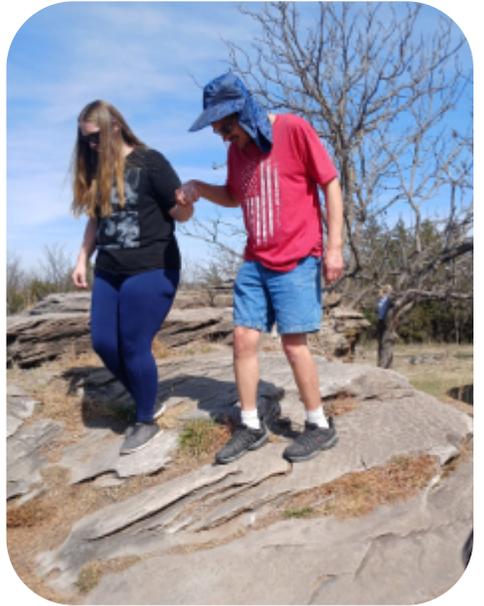
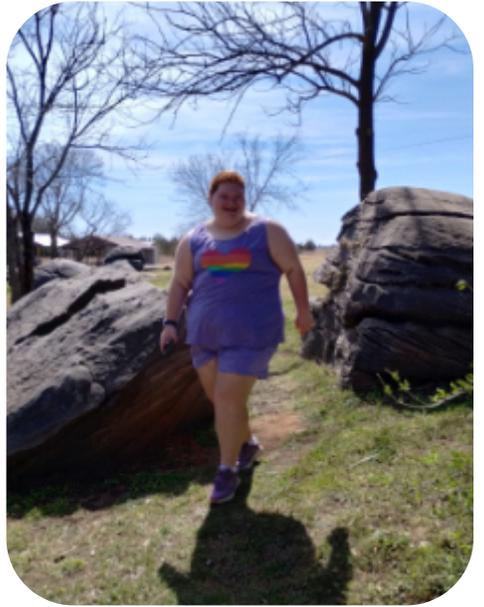






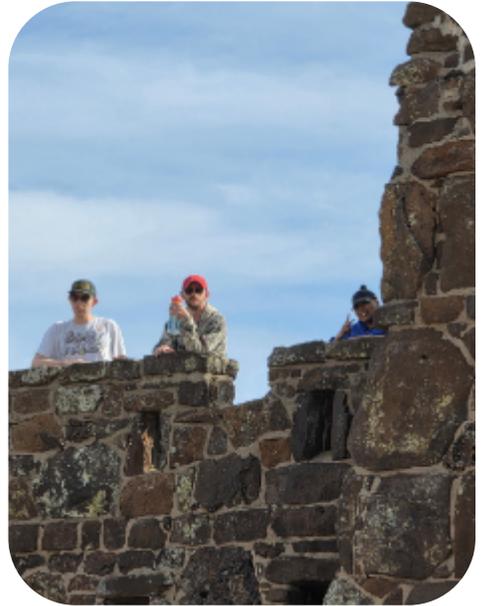
# Rock City





# Lindsborg & Coronado Heights









## Recipe Corner

### Rice Krispie Easter Nests

#### Supplies

- 3 tbsp butter
- 1 package (10 oz) mini marshmallows
- 6 cups Rice Krispies cereal
- 1 tsp vanilla (optional)
- Cooking spray or butter (for hands/pan)
- Muffin tin or parchment paper
- Small candy eggs (chocolate or jelly beans)
- Use edible grass Easter candy



#### Directions

- 1 Melt butter in a large pot over low heat.
- 2 Add marshmallows and stir until fully melted and smooth.
- 3 (Optional) Stir in vanilla.
- 4 Remove from heat and mix in Rice Krispies until evenly coated.
- 5 Lightly grease your hands or spoon.
- 6 Scoop mixture into muffin tin or onto parchment paper.
- 7 Press the center down to form a “nest” shape.
- 8 Let cool slightly, then add the grass and candy eggs in the middle.
- 9 Allow to fully cool and set before serving.



## April 17, 2026 - Day Services will be going to Maxwell Wildlife Refuge

WE WILL BE ENJOYING A 45-MINUTE PRAIRIE ADVENTURE WHERE BISON, ELK, AND BIG KANSAS SKIES SURROUND US AS WE RIDE A COVERED TRAM. \*TWO WHEELCHAIR SPOTS AVAILABLE\* AFTERWARDS WE WILL HAVE A COLD SACK LUNCH IN THE PICNIC AREA.

**Cost: \$10**

**Buses leave: 10:00am**  
**Return to Salina: 2:00pm**



PLEASE LET MIKE OR SHANNON KNOW BY 4/13/26 IF YOU WOULD LIKE TO JOIN THIS ADVENTURE \*DONT FORGET MEDS!

# On Friday, May 22<sup>nd</sup> Choices Day Sevices will be going to

live science shows  
traveling exhibits



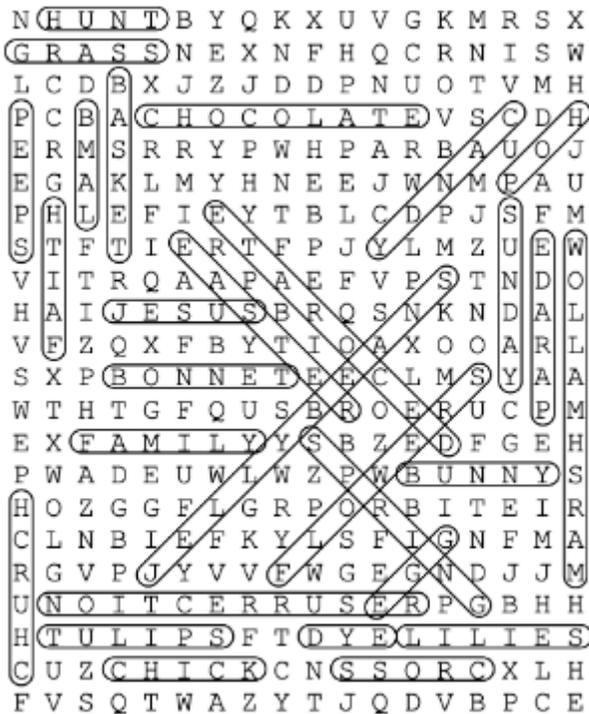
**EXPLORATION  
PLACE**

THE SEDGWICK COUNTY SCIENCE AND DISCOVERY CENTER

Video in the Dome  
permanent exhibits

Tickets are \$8.00. Buses will leave at 10:00am and return to town around 3:30pm. Cold sack lunch is needed as well as any medications given during this time period. Please let Shannon or Mike know if you want to go.

## Word Search & Hidden Picture Keys



**BASKET BONNET BUNNY CANDY CHICK  
CHOCOLATE CROSS DECORATE  
DYE EASTER EGG FAITH FAMILY FLOWERS  
GRASS HOP JELLYBEANS  
JESUS LAMB LILIES MARSHMALLOW  
PARADE PEEPS RESURRECTION  
CHURCH HUNT SPRING SUNDAY TULIPS**

