

If you would like to receive this newsletter by E-mail, please give your E-mail address to Choices Network, Inc. by contacting Kenna Boyce at kboyce@choicesnetwork.net. This newsletter can also be accessed via the website at www.choicesnetwork.net Or you can follow us on "Facebook" by entering Choices Network, Inc. and tapping the "like". Choices Network, Inc. Day and Residential Management can be reached between 8:00 am to 3:00 pm at 785-820-8018, after hours Day can be reached at 785-714-0036 and Residential at 785-714-0095.

September Project Clay Trinket Bowl



✂ Supplies Needed:

- Air-dry clay (Crayola Model Magic or white air-hardening clay)
- Wax paper or parchment paper (to protect tables and keep clay from sticking)
- Small rolling pins or smooth plastic cups
- Cookie cutters or small plastic bowls (to use as templates)
- Acrylic paints or washable markers and paintbrushes
- Plastic wrap (optional, to line shaping bowls)

🍷 Step-by-Step Instructions:

- 1. Soften and Knead** Hand out small portions of air-dry clay. Encourage crafters to squeeze, stretch, and roll the clay in their hands to make it warm, pliable, and smooth.
- 2. Roll it Flat** Place the clay on a sheet of wax paper. Use a rolling pin or smooth cup to flatten the clay evenly until it is about 1/4-inch thick.
- 3. Cut the Shape** Press a large cookie cutter or the rim of an

upside-down plastic bowl into the flattened clay. Peel away the leftover clay scraps around the edges.



4. Form the Dish Gently turn up the outer edges of the clay circle to create a shallow dish or bowl shape. If using a small kitchen bowl to hold the shape, line it with plastic wrap first so the clay can be easily removed.

5. Let it Air Dry Place the shaped dishes in a safe, dry spot. Let them sit completely undisturbed for 24 to 48 hours. The clay will turn solid white and feel hard to the touch when dry.



6. Paint and Decorate Once the dishes are completely dry, it's time to add color! Use bright acrylic paints, stamps, or markers to design custom patterns. Let the paint dry for an hour.

7. Display and Enjoy Your custom trinket dishes are complete! They are ready to hold small treasures on a nightstand or be wrapped up as a handmade gift.

September Birthdays

Jerred M.	2nd
Drake C.	3rd
Jaquelin G.	7th
Thomas W. III	7th
James F.	8th
Colton L.	8th
Bellatrix R.	8th
Monica E.	11th
Haylee H.	11th
Wes N.	11th
Charles G.	12th
James F.	14th
Titus P.	14th
Jason R.	15th
Miguel D.	16th
Abigail B.	17th
Amy F.	17th
Zachary L.	18th
Tristan C.	19th
Breanna D.	21st
Kheaven W.	21st
Robbie W. Sr	21st
Brycten C.	22nd
Aaron M.	22nd
Corey P.	22nd
Alexander S.	25th
Golda S.	26th
Felicita R-B.	27th
Jacob R.	28th
Evan O.	30th

CALENDAR OF EVENTS



Office Closed: 2026

September 7th – Labor Day

October 12th – Columbus Day

November 25, 26, 27th –

Thanksgiving

December 24, 25th – Christmas

Upcoming CPR Dates

September 9th - 1:00-4:00

October 14th - 1:00-4:00



If you have not renewed in the last 12 months, you must do so within the next 90 days.

Please RSVP to Matt Garretson at (785) 820-8018.

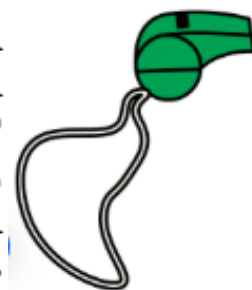
Choices Network, Inc. Lawn and Maintenance Crew

New for 2027, we will be only mowing and maintaining properties related to Choices Network. We would like to thank all of our loyal customers! We have enjoyed being your lawn crew over the years!

FOOTBALL WORD SEARCH



S	X	C	H	A	I	N	S	R	B	B	G	V	Y	T	L	A	N	E	P
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A	C	F	U	S	K	S	E	B	Y	R	X	P	N	K	Y	R	X	G	X



**TOUCHDOWN FIELDGOAL KICKOFF ENDZONE QUARTERBACK LINEBACKER
WIDEOUT CORNERBACK SAFETY TACKLE BLOCK SNAP HUDDLE FUMBLE
INTERCEPTION PENALTY REFEREE COACH TEAMWORK OVERTIME PASS RUSH
BLITZ CLEATS HELMET JERSEY SIDELINE CHAINS SCOREBOARD SUPERBOWL**

A Big Dip



Art by Mike DeSantis



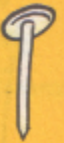
spoon



mushroom



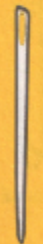
crayon



nail



fishhook



needle



envelope



duck



apple



artist's brush



crescent moon



mitten



teacup



wishbone



crown



high-heeled shoe



musical note



fork

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Consumer Corner





Staff Anniversaries: September 2026



Melissa Atalas – 10 years

Alexander Frank – 1 year



CONGRATULATIONS!



Upcoming Events:

FYI:
Bowling lists/orders for each week are finalized on TUESDAY!
Money and orders need to be in on Tuesday or you will not be on the list to go!





Kansas State Fair

Choices Network will once again be taking groups of individuals to the state fair on **September 11th, 15th, 17th, and 18th.**

 Choices has purchased the passes so individuals can attend for free! Individuals will need to bring their own spending money for food and drinks for lunch.

If you are wanting to attend, please sign up during day service hours or by contacting Shannon or Mike. Also please let us know if there is a certain day that is preferred!



Coming in October, Pumpkin Patch Day!



There will be two options on the same day so please review the details of each (maybe check out their websites) and then let Shannon or Mike know what you are wanting to do! A cold sack lunch will be required on either of the trips.

P&M Pumpkin Patch

45 Mins South of Salina

Buses heading out at 10:00am and returning around 3:30pm

Larger facility, lots of walking, gravel pathways that have proven to be difficult for wheelchairs and unsteady walkers, lots of activities including petal carts, sports barn, ziplines, big slides, obstacle courses, pig races and more!

Sunny Side

15 Mins South of Salina

Buses heading out at 10:45am and returning around 1:30pm

Smaller facility, not as much walking, jump pad, crop mazes, slides, pedal carts, petting zoo, games and fun in an activities area, and one shot per person from the giant slingshot that can sling a pumpkin up to 500 feet!



Recipe Corner

No-Bake Banana & Peanut Butter Wrap

Ingredients You Need:

- 1 Flour Tortilla (8-inch)
- 2 tablespoons Peanut Butter
(or SunButter)
- 1 Whole Banana



Step 1: Spread

- Lay the tortilla flat on a plate or cutting board.
- Scoop the peanut butter onto the middle.
- Use the back of a spoon or a butter knife to spread it across the whole tortilla.

Step 2: Place & Roll

- Peel the banana.
- Place the whole banana along one edge of the tortilla.
- Roll the tortilla tightly around the banana all the way to the other side.



Step 3: Slice

- Place the roll on a cutting board.
- Use a butter knife to gently slice the roll into small round pieces (like coin rounds).
- Eat immediately!

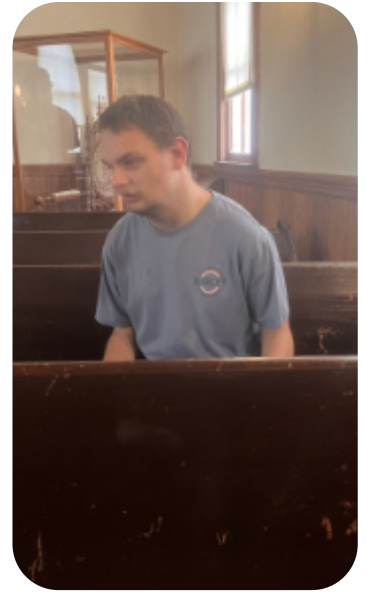
Cowtown in Wichita





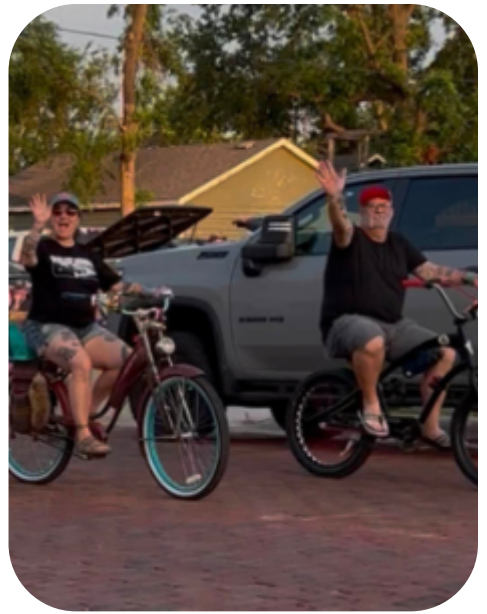






Salina Fair



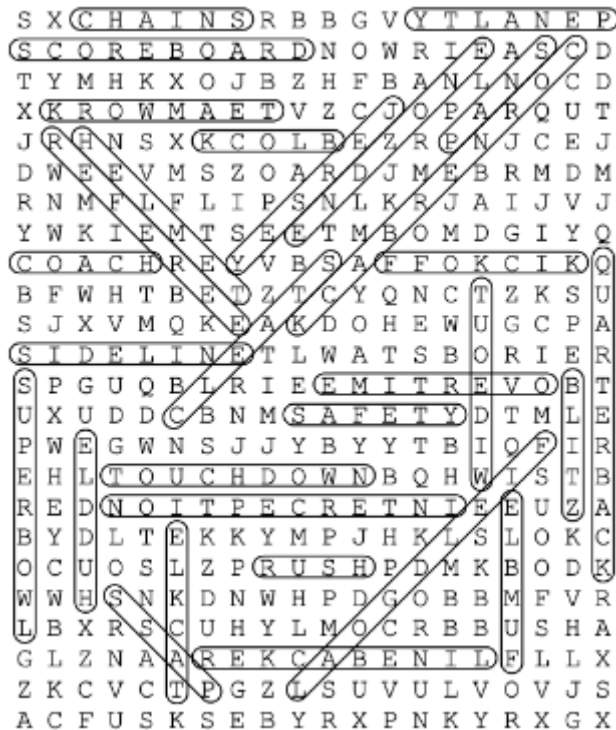


SPOTLIGHT: This month we celebrate people we meet along the way!

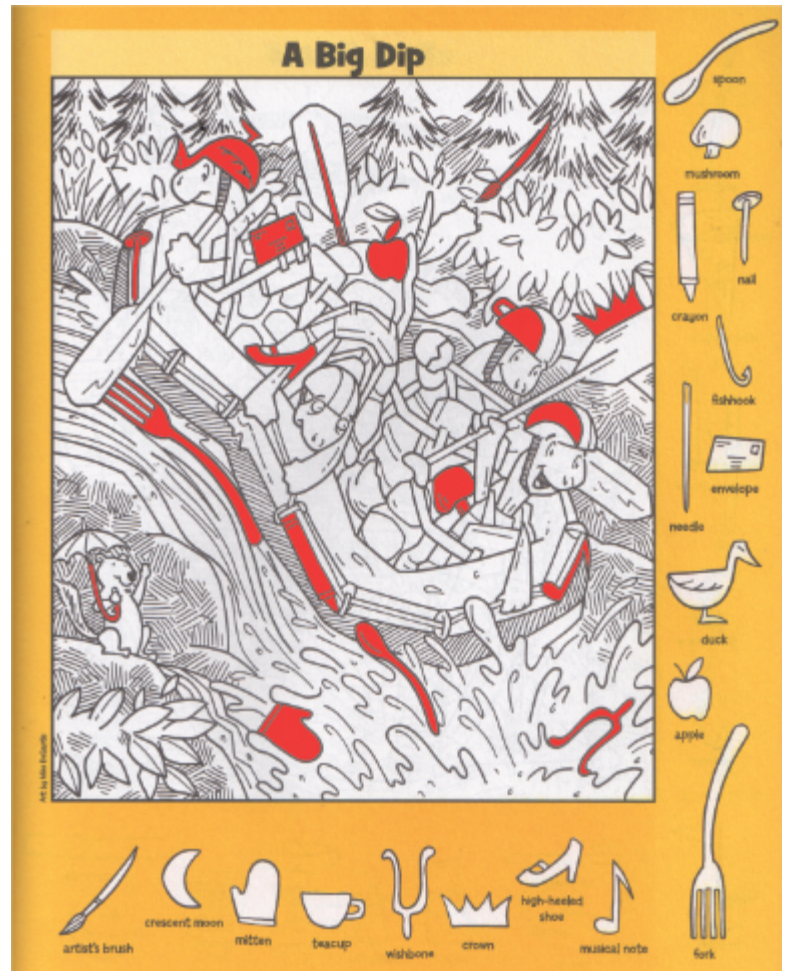
This family was traveling through Kansas and stopped to enjoy Cowtown the same day we were there! They provided sarsaparillas and great conversation for everyone! Thank you for your kindness! We enjoyed meeting you!



Word Search & Hidden Picture Keys



TOUCHDOWN FIELDGOAL KICKOFF ENDZONE
QUARTERBACK LINEBACKER
WIDEOUT CORNERBACK SAFETY TACKLE
BLOCK SNAP HUDDLE FUMBLE
INTERCEPTION PENALTY REFEREE COACH
TEAMWORK OVERTIME PASS RUSH BLITZ
CLEATS HELMET JERSEY SIDELINE CHAINS
SCOREBOARD SUPERBOWL



Ongoing Activities:

Monday through Friday - Walking at Jerry Ivey Park at 8:00am to 9:00am

Monday, Tuesday, Thursday, and Friday - Exercise at the K-State Salina gym from 9:30am to 11:45am.

Wednesday - Lunch and Bowl at The Alley from 11am to 1:00pm. Cost is \$14.50.

Friday - BINGO at Choices 10am to 11am.

Friday - The Garage

Friday (Sometimes on Mondays) - Tour Rolling Hills Zoo from 10am to 1pm.

CALENDAR OF COMMUNITY ACTIVITIES AVAILABLE IN SALINA:

Discovery Center and Park, 1323 E. Iron, Salina, KS. The nature center displays many educational stations that help connect people with the local wildlife through discovery and exploration. The park offers 5 acres of trails.

Salina Art Center, 242 S. Santa Fe, Salina, KS. The Art Center's programming is connected to a schedule of contemporary visual art exhibitions of work by regional, national, and international artists in a wide variety of media.

Central Kansas Flywheels Yesteryear Museum, 1100 W. Diamond Dr. Salina, KS. An interactive and informational museum focusing on the agricultural history of Kansas. Smoky Hill Museum, 211 W. Iron, Salina, KS. The Smoky Hill Museum explores history in unexpected ways with interactive fun around every corner. It's a big-city museum in a small package intentionally designed to make kids eager to stay longer and adults want to come back for more.

Sculpture Tour Salina, Downtown Salina, KS. Sculpture Tour Salina (STS) is an annual juried competition and exhibition. The exhibition is open to all artists creating works suitable for outdoor display. Between 20 and 30 sculptures are selected and carefully sited in historic downtown Salina to be displayed for one year.

Rolling Hills Zoo 625 N. Hedville Rd. Salina, KS. Here you can get face-to-face with a majestic snow leopard, an Indian rhino, a curious orangutan, an ornery aardvark, or many of the other 100+ species of wildlife at home in our Zoo.

Fossett Plaza 2035 Beechcraft Rd. Salina, KS. The monument honoring Steve Fossett's record setting around-the-world, solo, nonstop flight in the Global Flyer. The historic 22,936-mile, 67-hour flight started and ended at the Salina Regional Airport.

Salina Fieldhouse, 145 N. 5th, Salina, KS. The Salina Fieldhouse features multi-purpose hardwood and synthetic courts, as well as turf fields. Three hardwood and three synthetic basketball courts are cross lined to include eight volleyball courts and six futsal courts. While turf fields accommodate soccer, football, kickball, baseball, softball and field hockey, hardwood and synthetic courts accommodate volleyball, futsal, dodgeball, cheer, dance, and other activities. The facility also contains specialized equipment such as drop-down batting cages and pitching tunnels.

The Alley, 115 E Ash St, Salina, KS. Bowling, Arcade, Laser tag, Hologate & AJ's Sports Grill.

The Garage - The Garage will contain both classic and custom cars, interactive exhibits, concessions, and gift shop for your family to experience.

Hiking Trail in and around Salina, KS.

Indian Rock Trail is a 1.2 mile moderately trafficked loop trail located near Salina, Kansas

Marty Bender Nature Area Trail 3028 S Holmes Rd, Salina, KS is a 2.8-mile loop trail located near Salina, Kansas and is good for all skill levels. The trail is primarily used for hiking.

Salina Levee Trail, The Salina Levee Trail traverses the flood control levee along the west bank of the Smoky Hill River in Salina. You can access it from E. Crawford at Bill Burke Park or E. Magnolia Soccer Complex.

