

CHOICES VOICES

Issue 197- November 2026

Day & Residential Happenings



If you would like to receive this newsletter by E-mail, please give your E-mail address to Choices Network, Inc. by contacting Kenna Boyce at kboyce@choicesnetwork.net. This newsletter can also be accessed via the website at www.choicesnetwork.net. Or you can follow us on "Facebook" by entering Choices Network, Inc. and tapping the "like". Choices Network, Inc. Day and Residential Management can be reached between 8:00 am to 3:00 pm at 785-820-8018, after hours Day can be reached at 785-714-0036 and Residential at 785-714-0095.

November Project Popsicle Stick Catapult



Supplies:

Popsicle Sticks
Rubber Bands
Wood or Plastic Spoon
Puff Balls, Pom Poms, Mini Marshmallows, or wadded up Aluminum Balls

Directions:

Take 5 popsicle sticks and stack them. Wrap a rubber band around each end to secure them in place.



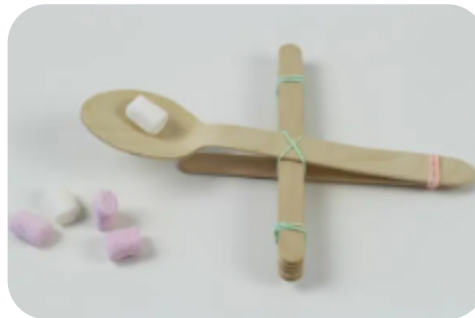
Take the spoon and a craft stick and stack them. Wrap a rubber band around one end to secure them in place.



Gently open the spoon & stick and slide the bundle of sticks as far in between as possible. Use a rubber band to secure the sticks in place.



Wrap a rubber band around all of the craft sticks to hold the catapult together.



Place your projectile in the basin of the spoon. Gently pull back the spoon then let go to use your launcher!

November Birthdays

Scott M.	5th
Janessa W.	7th
Anne A.	9th
Sarah F.	9th
Marcus B.	12th
Jaclyn S.	12th
Andrea L.	16th
Evan W.	16th
Quinn M.	17th
Kaleb H.	18th
Paul K.	20th
Sara C.	22nd
Emerson M.	22nd
Betty Jo C.	24th
Rita D.	27th
Carla A.	29th
Stephanie M.	29th

CALENDAR OF EVENTS



Office Closed: 2025

November 26, 27, 28th – Thanksgiving

December 24, 25, 26th – Christmas

2026

January 1st – New Year's Day

Upcoming CPR Dates

November 11th - 1:00-4:00

December 9th - 1:00-4:00



If you have not renewed in the last 12 months, you must do so within the next 90 days.

Please RSVP to Matt Garretson at (785) 820-8018.

Choices Network, Inc. Lawn and Maintenance Crew

New for 2027, we will be only mowing and maintaining properties related to Choices Network. We would like to thank all of our loyal customers! We have enjoyed being your lawn crew over the years!

THANKSGIVING WORD SEARCH



C	I	W	G	G	N	I	F	F	U	T	S	L	M	T	T	E	J
K	S	S	Q	F	A	L	L	M	G	Q	L	X	M	H	H	N	A
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C	M	I	I	H	M	H	E	H	R	R	S	F	I	L	Y	M	S
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B	T	M	M	S	O	N	Q	V	B	S	E	T	T	L	E	R	S
U	X	X	S	W	R	G	S	V	O	I	S	D	U	L	V	B	D
S	T	H	V	A	N	C	F	B	X	N	C	B	S	R	L	O	M

**TURKEY PILGRIMS PUMPKIN YAMS NOVEMBER CORN INDIANS HARVEST
STUFFING CRANBERRY FEAST PIE POTATOES HOLIDAY FAMILY
SHARING CARVE CORNUCOPIA PLYMOUTH MAYFLOWER
THANKSGIVING SETTLERS FOOD MAIZE FALL GRAVY**

NO-BAKE THANKSGIVING PUMPKIN PIE CUPS

FUN & EASY TREATS!

INGREDIENTS YOU NEED

- 1  1 cup Graham Cracker Crumbs
- 2  1 can Pumpkin Puree
- 3  1 box Vanilla
- 4  Cold Milk
- 5  1 tsp Pumpkin Pie Spice
- 6  Whipped Topping

TOOLS YOU NEED

-  Large Mixing Bowl & Whisk
-  6 Clear Plastic Cups
-  Scooping Spoons

MAKE IT! (Step-by-Step Instructions)

1 PREP THE CRUST:

Mix Graham cracker crumbs with melted butter. Spoon a layer into the bottom of each clear cup and press flat.



2 MIX THE PUMPKIN FILLING:

In a large bowl, whisk together the pumpkin puree, pudding mix, cold milk, and pumpkin pie spice for 2 minutes until smooth and thick.



3 FILL THE CUPS:

Carefully spoon the pumpkin pie filling evenly over the Graham cracker crusts. Fill to near the top.



4 TOP & SERVE:

Add a big dollop of whipped topping to each cup. Sprinkle a dash of extra Graham cracker on top. Enjoy with a spoon!



ENJOY YOUR
THANKSGIVING PIE CUPS!



Kids' Castle



slice of cake



pyramid



needle



spatula



tack



ice-cream bar



comb



drinking glass



coat hanger



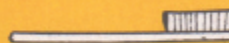
heart



mallet



book



toothbrush



pointy hat



can



ring



trowel



lollipop



fishhook



teacup



mushroom



spool of thread



funnel



sailboat

Upcoming Events:



NOVEMBER 26TH FROM 11:30AM - 1:30PM

CHOICES OFFICE WILL BE GIVING A FREE THANKSGIVING LUNCH TO ANYONE WHO DOES NOT HAVE A PLACE TO GO FOR THE HOLIDAY.

Happy Thanksgiving

As a reminder: Choices Day Services will be closed from November 25th - 27th.



THERE WILL BE NO BOWLING WEDNESDAY THE 25TH



November 20, 2026

Choices Day services will be spending the day in Lindsborg, KS. We will visit The Makers Shop to do a craft of your choice! There are make and take craft options ranging from \$5-\$25. We will also be walking down town, visiting the old mill, and having a picnic lunch. Busses will leave town around 9:30am and will return to town around 1:30pm. As usual, please pack a cold sack lunch and any medications that need to be given during that time. Please let Shannon or Mike know if you want to participate in this outing and have money turned in by November 16th!



Tote bags: \$25 - Zipper bags: \$20 - Wood sign: \$12 - Canvas banner: \$15 - Slime: \$10 - Beaded Keychains: \$7
- Small wood projects: \$5-\$10 - Canvas and watercolor painting: \$10



Join us for the 2026 Holiday Open House!



DECEMBER 10TH FROM 11AM - 1PM

Come and enjoy the company of friends, see a live reindeer and Santa Clause, and do a Christmas craft!



CHOICES NETWORK DAY SERVICES CHRISTMAS PARTY!

December 23rd 9:30am - 11:00am

WE WILL BE SINGING KARAOKE AND HAVING COFFEE CLUB!

Wear your favorite Christmas outfit or ugly sweater

Just a reminder, we will be closed the 24th - 25th



SPOTLIGHT: PLEASE EXCUSE OUR MESS!

We are updating the flooring throughout the building! We started with the day area, next is the front commons area, hallways, and large conference room at the back!

We will end with carpeting throughout the offices and meeting rooms! We can't wait to show it off so please plan on coming to the open house in December!



FYI:
Bowling lists/orders for each week are finalized on
TUESDAY!
Money and orders need to be in on Tuesday or you will not be on the list to go!

Staff Anniversaries: November 2026



Michelle Tyler 15 years

Clyde Miller 5 years

Shelia Luther 3 years

Jana Johnson 1 year

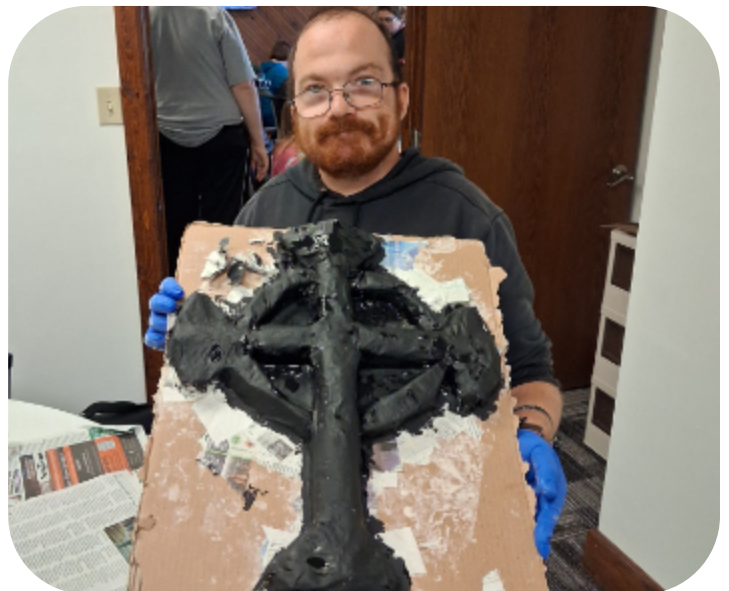
Georgina Head 1 year



CONGRATULATIONS!



Consumer Corner



Pumpkin Patch













Ongoing Activities:

Monday through Friday - Walking at Jerry Ivey Park at 8:00am to 9:00am

Monday, Tuesday, Thursday, and Friday - Exercise at the K-State Salina gym from 9:30am to 11:45am.

Wednesday - Lunch and Bowl at The Alley from 11am to 1:00pm. Cost is \$14.50.

Friday - BINGO at Choices 10am to 11am.

Friday - The Garage

Friday (Sometimes on Mondays) - Tour Rolling Hills Zoo from 10am to 1pm.

CALENDAR OF COMMUNITY ACTIVITIES AVAILABLE IN SALINA:

Discovery Center and Park, 1323 E. Iron, Salina, KS. The nature center displays many educational stations that help connect people with the local wildlife through discovery and exploration. The park offers 5 acres of trails.

Salina Art Center, 242 S. Santa Fe, Salina, KS. The Art Center's programming is connected to a schedule of contemporary visual art exhibitions of work by regional, national, and international artists in a wide variety of media.

Central Kansas Flywheels Yesteryear Museum, 1100 W. Diamond Dr. Salina, KS. An interactive and informational museum focusing on the agricultural history of Kansas. Smoky Hill Museum, 211 W. Iron, Salina, KS. The Smoky Hill Museum explores history in unexpected ways with interactive fun around every corner. It's a big-city museum in a small package intentionally designed to make kids eager to stay longer and adults want to come back for more.

Sculpture Tour Salina, Downtown Salina, KS. Sculpture Tour Salina (STS) is an annual juried competition and exhibition. The exhibition is open to all artists creating works suitable for outdoor display. Between 20 and 30 sculptures are selected and carefully sited in historic downtown Salina to be displayed for one year.

Rolling Hills Zoo 625 N. Hedville Rd. Salina, KS. Here you can get face-to-face with a majestic snow leopard, an Indian rhino, a curious orangutan, an ornery aardvark, or many of the other 100+ species of wildlife at home in our Zoo.

Fossett Plaza 2035 Beechcraft Rd. Salina, KS. The monument honoring Steve Fossett's record setting around-the-world, solo, nonstop flight in the Global Flyer. The historic 22,936-mile, 67-hour flight started and ended at the Salina Regional Airport.

Salina Fieldhouse, 145 N. 5th, Salina, KS. The Salina Fieldhouse features multi-purpose hardwood and synthetic courts, as well as turf fields. Three hardwood and three synthetic basketball courts are cross lined to include eight volleyball courts and six futsal courts. While turf fields accommodate soccer, football, kickball, baseball, softball and field hockey, hardwood and synthetic courts accommodate volleyball, futsal, dodgeball, cheer, dance, and other activities. The facility also contains specialized equipment such as drop-down batting cages and pitching tunnels.

The Alley, 115 E Ash St, Salina, KS. Bowling, Arcade, Laser tag, Hologate & AJ's Sports Grill.

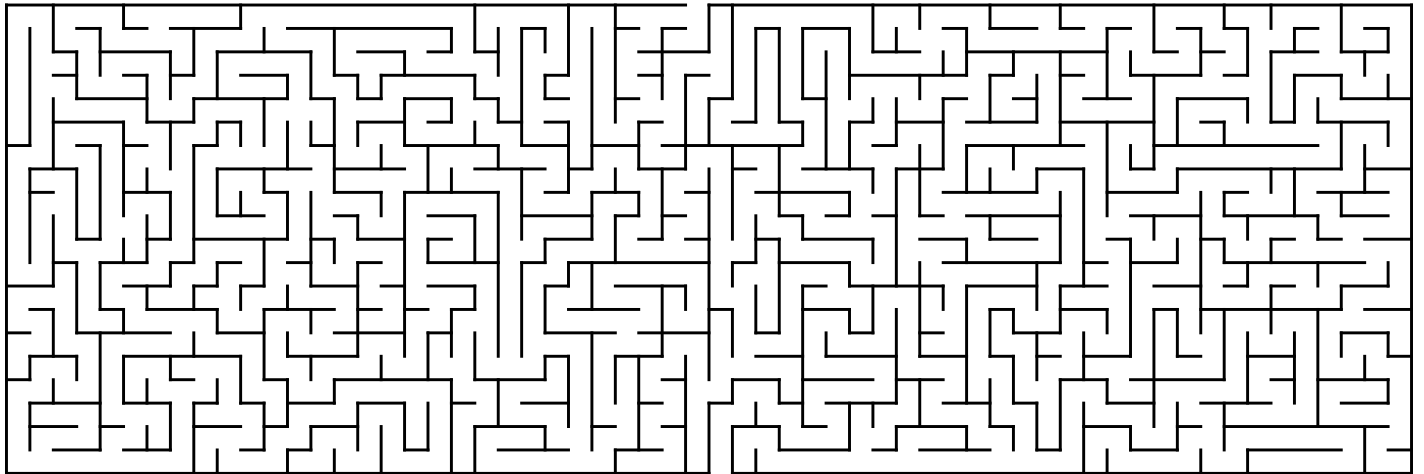
The Garage - The Garage will contain both classic and custom cars, interactive exhibits, concessions, and gift shop for your family to experience.

Hiking Trail in and around Salina, KS.

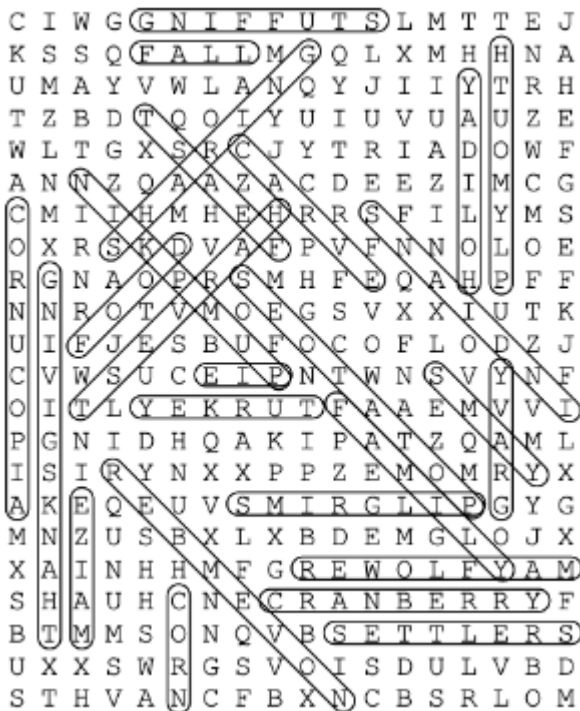
Indian Rock Trail is a 1.2 mile moderately trafficked loop trail located near Salina, Kansas

Marty Bender Nature Area Trail 3028 S Holmes Rd, Salina, KS is a 2.8-mile loop trail located near Salina, Kansas and is good for all skill levels. The trail is primarily used for hiking.

Salina Levee Trail, The Salina Levee Trail traverses the flood control levee along the west bank of the Smoky Hill River in Salina. You can access it from E. Crawford at Bill Burke Park or E. Magnolia Soccer Complex.



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POTATOES HOLIDAY FAMILY
SHARING CARVE CORNUCOPIA
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